

SUMMER CAMP



PARENT & CAMPER GUIDE



36242 State Highway 59
Wewoka, OK 74884

405-721-6110
okadventist.org/summercamp

Check-in & Check-out

Camper check-in begins on the Sunday of camp from 3 to 5 pm. Because our staff will be preparing the camp for your arrival, early check-in will not be possible.

For a smooth drop-off process, ensure your bill is settled in full and all paperwork is completed before arriving at camp. Also, remember to bring your camper's health insurance information.

To pick up your camper, please arrive on Sunday morning promptly by 10:30 am. Make sure the designated pickup person is listed as authorized and has a photo ID ready for our staff.



Same Day Check-Out & Check-In

If you're checking out and checking in campers on the same Sunday, check-out may be extended until 1:30 pm. A fee of \$15.00 per camper will apply for lunch and supervision. Failure to check out your waiting camper by 1:30 pm will result in a fee of \$10.00 per hour per camper.

Stay More than One Week

As long as your child meets the age requirements, we're delighted to welcome them for a second week at camp. Campers staying for consecutive weeks will receive complimentary laundry service.

Communication

Campers love getting mail! You can send letters or packages to your camper at:

Wewoka Woods Adventist Center
36242 State Highway 59, Wewoka, OK 74884

You may also email your camper at:
youth@okadventist.org



Staff Selection

Exceptional camps are built on exceptional staff. We meticulously select our team based on solid recommendations from trusted individuals who truly know them. Prospective staff undergo a rigorous process including formal applications, three recommendation forms, and interviews with the Camp Director. Additionally, each hire undergoes a thorough background check.



Cabin Experience

At Wewoka Woods, our commitment is to ensure that every camper discovers a sense of belonging. We prioritize creating a safe and positive environment within our cabins where all campers are cherished and treated with respect.

Each counselor undergoes a thorough screening process including a one-on-one interview, comprehensive reference and background checks, and a week of intensive on-site training.

Additionally, we collaborate with Expert Online Training to equip our staff with essential camp principles before the start of summer.

We enforce a code of conduct aimed at fostering respect and accountability among all campers, guiding them to take responsibility for their actions.

Furthermore, our staff are extensively trained to identify and address bullying, promoting a culture of kindness and empathy.

Camper-to staff-ratios

We maintain a camper-to-staff ratio of 1:6 for Adventurer campers and 1:8 for Junior and Teen Campers, ensuring personalized attention and supervision tailored to each age group's needs.

Baptisms

At the start of the week, if a camper expresses their heartfelt desire to commit their life to Jesus through baptism, they'll embark on an inspiring journey with our Baptismal Bible Study program. The culmination of this profound spiritual journey is the baptism ceremony, set to unfold on a joyous Sabbath afternoon. We extend a warm invitation to parents, relatives, and local pastors to join us in celebrating this sacred moment of transformation and faith.





Seven Healthy Days

At our camp, we intentionally blend sunshine, fresh air, inspiring role models, plenty of exercise, and nourishing vegetarian meals to offer our campers seven days of vibrant health and vitality.

Homesickness

It's entirely normal for campers to experience homesickness, often at least for a day. Our dedicated staff is proactive in guiding campers through this natural emotion, helping them understand and accept their feelings of missing loved ones. We see this as an opportunity for growth and development, and we equip our staff with the tools and training needed to address homesickness with compassion and positivity. With the collective support of staff, campers, and parents, homesickness can be overcome, fostering significant strides in the camper's journey towards maturity and independence.

Ways to Ease Homesickness:

- Keep your letters and emails filled with positivity and exciting updates, steering clear of anything that might trigger homesickness. Instead, share uplifting stories and adventures to keep spirits high.
- Include a special item from home in your camper's bag, providing a comforting touchstone amid new experiences.
- Avoid making promises about picking your child up or frequent phone calls if they're feeling anxious. Setting such expectations can inadvertently create pressure and distract from the camp experience.
- Refrain from offering material rewards in exchange for enduring camp. The true reward lies in the newfound confidence and independence gained from the camp journey.
- Have an open conversation about the diverse activities available at camp, reassuring your child that it's okay not to excel at everything and that trying new things is part of the fun.
- Brainstorm coping strategies together to help your child manage feelings of homesickness, empowering them to navigate these emotions independently.
- Remind your child that their counselor is there to support them. If for any reason they feel uncomfortable confiding in their counselor, reassure them that other trusted adults, like the Boy's/Girl's Director or the Camp Director, are available to lend a listening ear.

If your child experiences severe homesickness, we'll promptly reach out to you. While it's not a medical issue, we understand its potential impact on your child's camp experience. Your peace of mind and your child's well-being are our priorities, and we'll work together to support them through any challenges they may face.

Dress Code

At Wewoka Woods, our commitment is to ensure that every camper discovers a sense of belonging. We prioritize creating a safe and positive environment within our cabins where all campers are cherished and treated with respect.



Recommended:

- Embrace sleeveless shirts that elegantly cover the shoulder seam.
- Shorts that reach to or slightly beyond the camper's fingertips.
- Opt for closed-heel and toed shoes, such as comfy sneakers.
- Dresses and skirts falling to the top of the knee.
- Bring hats for sun protection during outdoor activities.
- Bring appropriate footwear for specific activities, such as hiking boots for outdoor adventures, sandals or water shoes for water activities, tennis shoes or boots for horseback riding, shower shoes, etc.
- Sunscreen: Remind campers to apply sunscreen regularly, especially during outdoor activities, to protect against sunburn.
- Pack layers and warm weather clothes to prepare for changes in weather conditions.

Not Recommended:

- We suggest avoiding tank tops or shirts with deep side cuts.
- We advise against wearing excessive or delicate jewelry that could pose a safety risk during physical activities.
- Ensure boxer shorts remain concealed, and keep bra straps hidden under clothing.
- Consider alternatives to midribs or racerbacks, including refraining from wearing sports bras as tops.
- Choose attire with wider straps over spaghetti strap tank tops or dresses.
- Remember, tights are best worn under garments rather than as standalone pants. Avoid tight-fitting or revealing clothing like leggings.
- Keep your attire positive by avoiding clothing featuring tobacco, alcohol, drugs, offensive language or imagery, symbols of hate or discrimination, or sexual content.

Swimwear

We recommend all swimmers choose swimwear that covers their entire torso (shoulders, back, and chest) to reduce sun exposure. We also recommend all swimsuits be orange or yellow-colored as they are proven to be more visible underwater and can make it easier for lifeguards to maintain proper visibility of swimmers. Not two piece for girls or speedos for boys.



Packing List

As you pack for your child, please remember that this list is only a suggestion, and you have the final say. We recommend opting for old but still functional clothes and sneakers rather than brand new ones.



Plan to Pack

- Twin-sized bedding
- Sleeping bag
- Pillow + pillowcase
- Bible
- Towel
- Camera
- Flashlight
- Hat
- Water bottle
- Cash for Camp store
- Sabbath attire
- Flip flops/water shoes, Tooth floss
- Toiletries: toothpaste, toothbrush, soap, Comb or hairbrush, deodorant, feminine hygiene products (as needed)
- Jeans and tennis shoes for horses and mountain biking
- Pants/jeans
- T-shirts
- Underwear
- Pajamas
- Socks
- Modest swimsuit, No two piece
- Comfortable shoes
- Insect repellent
- Jacket/Raincoat
- Sunscreen (SPF 50 recommended)

DO NOT PACK

- Knives
- Guns
- Ammunition
- Fireworks
- Music players
- Video games
- Cell phones/smartphones (applies only to Adventure, Junior & Teen camps)
- Electronic devices
- Junk food
- Jewelry
- Alcohol & Tobacco
- Drugs

If any of these items are brought on campus, they will be confiscated immediately and returned to parents during check-out.

Other Housekeeping

- Remember to wear your shoes whenever you're exploring outside your cabin. No bare feet on the way to all the cool places!
- Just a heads-up: we don't have laundry services here, so make sure to pack plenty of clothes to keep you feeling fresh and stylish for the whole camp adventure!
- Luggage searches may be conducted for all campers at any point during the summer camp experience.



Fundraising for Camp

Here are some ideas on how to raise money to get yourself to camp:

- Offer **pet-sitting** services for neighbors going on vacation.
- Bake and **sell bread**, taking weekly orders for fresh loaves.
- Host **car wash** events in your neighborhood.
- Reach out to your **grandparents** for assistance.
- Earn money by cleaning windows for local residents or businesses.
- Take on yard work tasks like pulling weeds and raking leaves for a fee.
- Don't forget to ask for support from your parents.
- Organize a bike-a-thon fundraiser with friends and family.
- Seek sponsorship or support from your church community.
- Gather items you no longer need and hold a garage sale in your neighborhood.
- Set up a lemonade stand in a high-traffic area and sell refreshing drinks to passersby.
- Offer lawn mowing services to neighbors.



Friendships

At Wewoka Woods, we treasure the friendships formed at camp and believe they're valuable even after camp ends. Besides requesting cabinmates, we provide activities to strengthen bonds. While we'll try to honor requests, assignments may vary. An easy way to stay connected after camp is by exchanging contact information with fellow campers. We encourage everyone to share their info for ongoing friendships.